# Community Preschool E Learning May 2020

Week 5	Social Story- Second Step	Reading/ Literacy	Heggerty/ Rhyme time	Memory book/ Journal	Math	Movement	Learn through
May 4	Froggy goes to school video 5.04.2020	Epic! A Sunny Day	Heggerty Video 05.04.2020	-Cover page -My class page	Sort toys or other objects by color	Go for a walk or bike ride	Engage in sensory play with water
Activity completed							SPIGGO DID
Additional resources to use as needed	Play a game that requires taking turns	Find the title and title page while reading a book	Smarty Ants app	Use paintbrushes and water to paint the sidewalk	Starfall app	Turn on music and have a dance party	Create a pretend restaurant with your child.
Wednesday May 6	Kindergarten here I come video 05.06.2020	Epic! A Stormy Day	Heggerty Video 05.06.2020	-Favorites page -Favorite book page	Write numbers outside using sidewalk chalk	-Find and draw Color Scavenger Hunt page	Spell your name with magnetic letters
Activify completed							
Additional resources to use as needed	Practice making faces in the mirror and naming the emotion	Help your child move their finger across the words left to right as you read a book.	Smarty Ants app	Using a mirror use a dry erase marker to draw your face.	PBS Kids online	Have a race pretending to be animals and move like the animals	Use shaving cream on a cookie sheet to draw pictures or make letters.
Friday May 8	Off to Kindergarten video 05.08.2020	Epic! A Windy Day	Heggerty Video 05.08.2020	-Me when I grow up page -My Teachers	Go on a scavenger hunt to find different	Play tag outside as a family	Have your child help you with a household chore
Activity completed							

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Week 6	Second Step	Reading/ Literacy	Heggerty/ Rhyme time	Memory Book/ Journal	Math	Movement	Learn through
Monday	On the firet	-(:;				***************************************	y DIG
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Mav		All ICY Day	VIGEO	bage	other objects	or kick a ball	engaging in
	Nindergarren 		05.11.2020	-Recess fun	by size	outside	preferd play
	NIGEO			agpd			(go glocely
~~~	05.11.2020						o plinggons
							animals in the
A = 11: -11: -1							[ungle]
completed							
Addillional	Write a letter	Help your	Smarty Ants	Use a	Draw and	Play Simon	
resources to use	to a friend or	child turn the	dab	magazine or	name shapes		hath and use
ds needed	relative	adt to sacon	1111	newspaper to	Train and Train	s d Ds	700000000000000000000000000000000000000
		Pook one of		find the letters	Inen cut		u siolied
				in vollragme	Them out		OH HOODS
		d iime as you		and cut them			make Harieta
		redd.		TOO TOO			.səlaana
Wednesday	Pinkalicious	Epici	Heggerty	-A star vear	Make a	-Find and	Make an easy
AA CV 12	and the New	A Rainy Day	Video	Dage	pattern with	Graw Spring	recipe to cook
S ADM	Teacher		05.13.2020	-Summer	toys, fruit		or bake
	video			Pricket list	loops, or	3CQVG11gG1	tonether
	05.13.2020			DOCAGE IIS	colored paper	non page	) ) ) )
Activity				0000	***************************************		
completed	The state of the s						
Additional	Draw emoji	Have your child	Make up silly	Use play	Make number	Goldon	Set the toble
resources to use	faces and	point to where	thyming words	dough to	cards 0-20	) } }	for dinner and
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	feelings	sp safter as	your families	Alconier	saving them		cilveradare dad
	68.1100	youredd	names	Grillindis			
Friday	A Teacher for	Epici	Heggerty	-Me on the	Draw a picture	Go for a	Find objects to
May 15	Bear	What Should	Video	last day	using shapes	nature walk	stack and
>	Video	l Wear?	05.15.2020	bage	and name the		build a tower
	05.15.2020			)	suapes ased		
Activity			A STATE OF THE STA				
completed							

# Getting Ready for Kindergarten

Here is a checklist of things your child should work on to be ready for kindergarten next fall.

Be able to state first and last name.	Sit for a story for 5- 10 minutes.	Be able to write first and last name.	Know all the letters in their first name.
To re-tell simply stories in sequence.	Identify numerals 0-10 in random order.	Write numbers 0-10	Accurately count 0-20
Identify most upper and lowercase letters.	Complete simple patterns	Be able to rhyme words.	Recite the ABC song
Follow 2-3 step directions.	Use restroom and wash hands independently.	Clean up after themselves.	Share materials and toys with other children.
Be confident and ready to separate from the parent.	Is able to name feelings.	Is able to ask for help when frustrated.	Put shoes on and off
Know all the primary colors, red, blue, yellow, green, orange, purple, black, white, brown, pink.	Identify basic shapes, circle, square, triangle, rectangle, heart, star, oval	Able to look at a book, flip pages right to left and tell story based on pictures.	Use appropriated 3-finger grasp when using pencils and scissors.





## Lesson Time

Your child is reviewing the skills that will help him or her learn in kindergarten:

- Listening (Follow the Listening Rules: Eyes watching. Ears listening. Voice quiet. Body calm.)
- Focusing attention (Use an attent-o-scope.)
- Using self-talk (Self-talk helps you remember what you need to do.)
- Asking assertively for what you need or want (Face the person and use a strong, respectful voice.)

Practicing these skills will help your child be a better learner and get along with others in kindergarten.

## **Play Time**

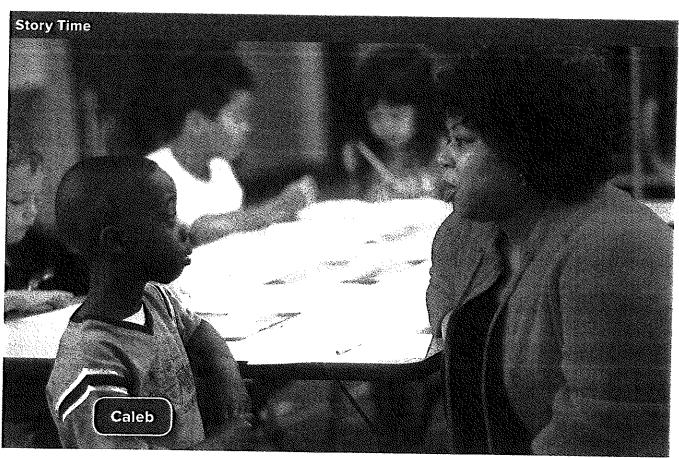
Play a game with your child to practice remembering and following directions.

Say: We're going to play Listen, Repeat, Do. You are going to listen to me while I say

three directions. You repeat the directions. Then you do them! Before you give the directions, remind your child to listen and focus attention on you.

1) Touch your nose. 2) Hold up one hand. 3) Turn around. Wait for your child to repeat and then follow the directions.

Continue playing, using any three directions you can think of.



This week's story is about Caleb. He just started kindergarten. Ask your child about this story.

- What do you see in this photo?
- What can Caleb do to help himself understand and then do what his teacher says? (Listen. Focus attention. Use self-talk. Ask for help.)

**Let's practice** \_\_\_\_\_ (name of skill from Lesson Time section). Have your child practice one (or more) of the skills in the Lesson Time section as you explain how to do something, such as make a simple sandwich.



## Lesson Time

Your child is learning that he or she may have strong feelings about the new things to do in kindergarten, such as riding the school bus.

Your child is reviewing how to identify feelings and how to calm down if those feelings are strong:

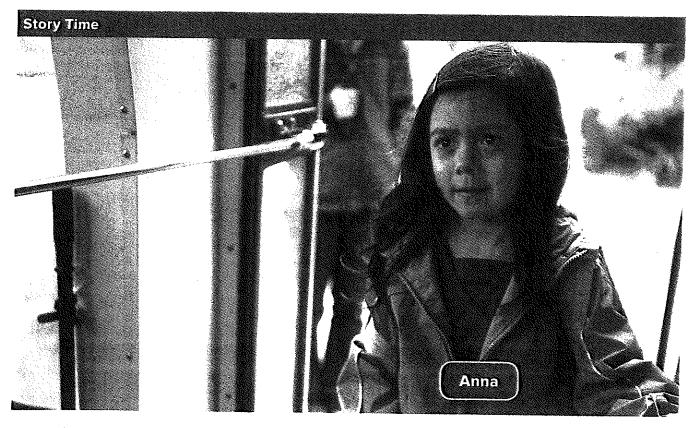
- Put your hands on your tummy and say "Stop."
- Name your feeling: "I am excited."
- Take some belly breaths. Breathe in slowly through your nose and then out slowly through your mouth.

## **Play Time**

Play a game with your child to practice calming down strong feelings.

Say: We are going to play I'm Feeling.... Pretend you are feeling really excited about riding the bus. Have your child pretend to feel excited. Now we are going to practice calming down. Practice the Calming-Down Steps in the Lesson Time section with your child.

Repeat the game with different situations and different strong feelings, such as worried, scared, disappointed, angry, or frustrated.



This week's story is about Anna. She is going to ride the big bus to kindergarten for the first time. Ask your child about this story.

- What do you see in this photo?
- How is Anna feeling about riding the bus? (Worried.) How can you tell? (By the look on her face. By her body.)
- What can Anna do to calm down? (Put her hands on her tummy and say "Stop." Name her feeling. Take belly breaths.)

**Let's practice how Anna can calm down.** Follow the Calming-Down Steps in the Lesson Time section with your child.



## **Lesson Time**

Your child is reviewing how to make new friends by:

- Inviting others to play
- · Asking to join others in play

Your child is also reviewing the Fair Ways to Play with friends:

- Play together
- Trade
- Take turns

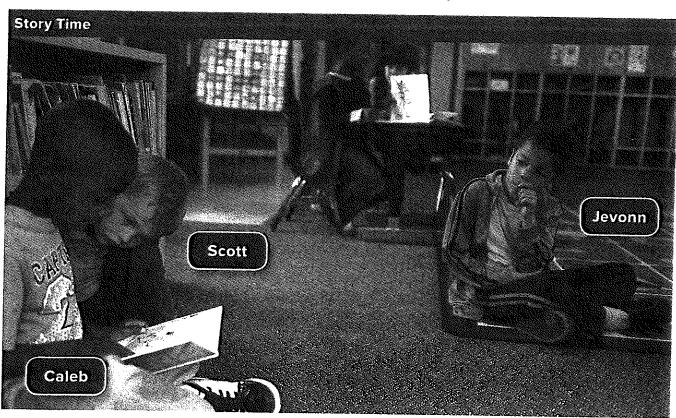
Practicing these friendship skills will help your child make new friends and get along with others in kindergarten.

## **Play Time**

Play a game with your child. Practice making new friends by asking to join in and inviting others to play.

Say: We are going to play New Friends. Select a toy or small household item to play with. I'm going to play with this toy. You're going to watch and then ask in a friendly voice to join in. Have your child say, "Can I play with you?" Choose one of the Fair Ways to Play, and play with the toy.

Switch and have your child play with the toy while you watch. **Now you're going to invite me to play.** Have your child say, "Would you like to play with me?" Then have your child choose one of the Fair Ways to Play, and play with the toy.



In this week's story, Caleb and Scott are reading together. Jevonn wants to join the boys. Ask your child about this story.

- What do you see in this photo?
- What can Jevonn do to join in? (Say hello. Say it looks like fun. Ask to read with them.)
- What can Caleb and Scott say to invite Jevonn to join them? (Do you want to read with us? Come read with us!)

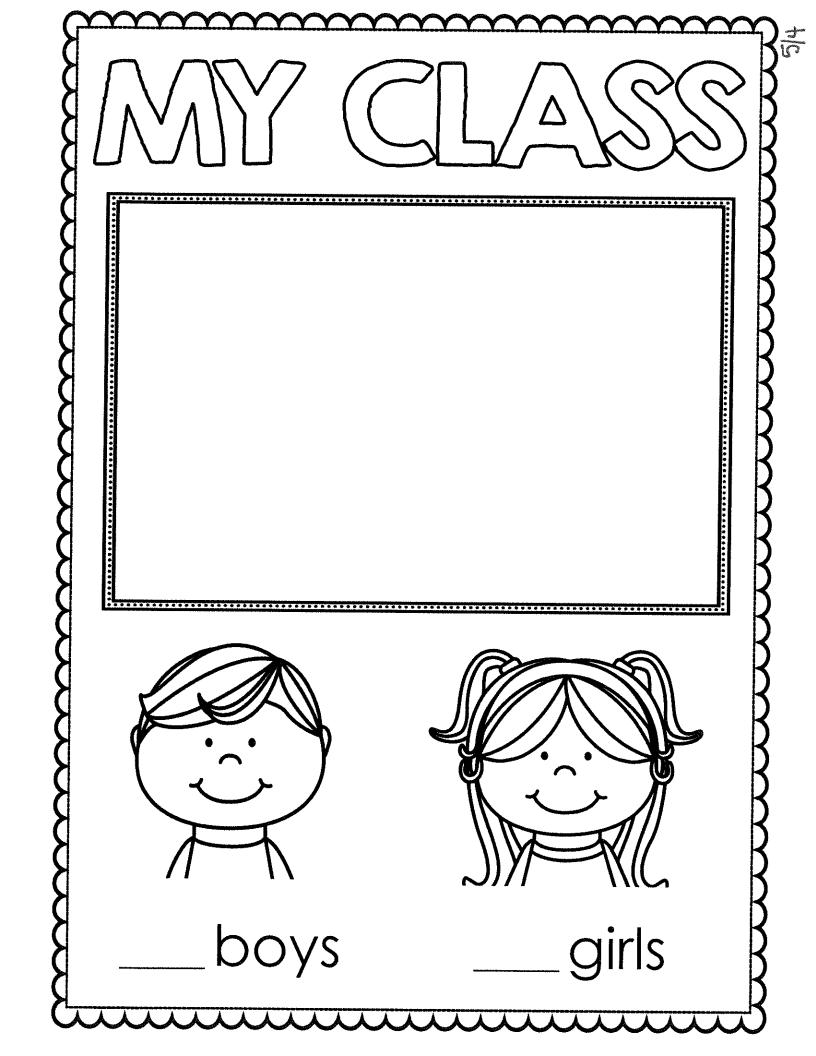
**Let's practice what Jevonn can say to join in.** Pretend you are Caleb or Scott and your child is Jevonn. Have your child ask, "May I read with you?"

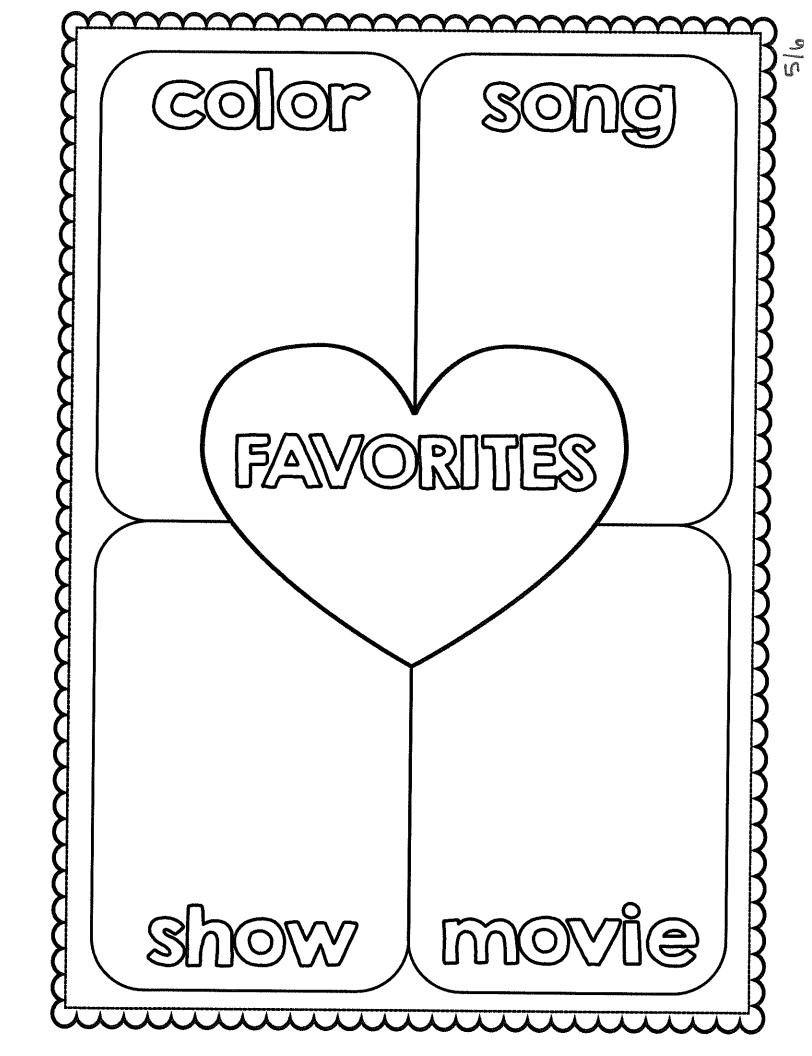
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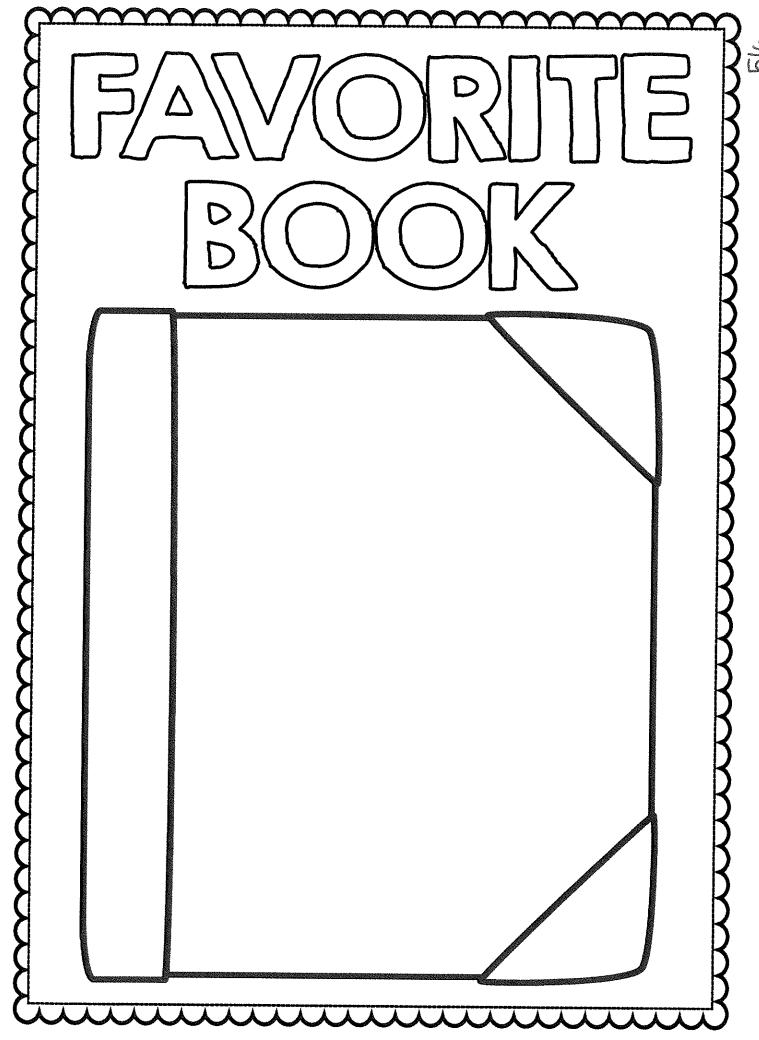
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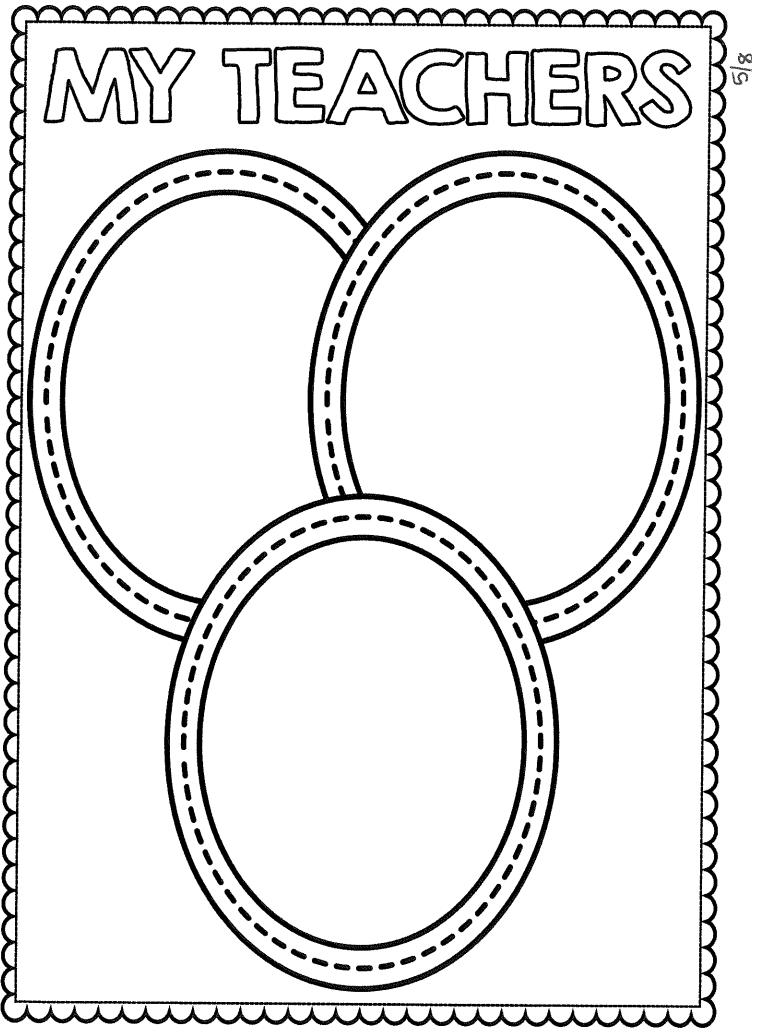


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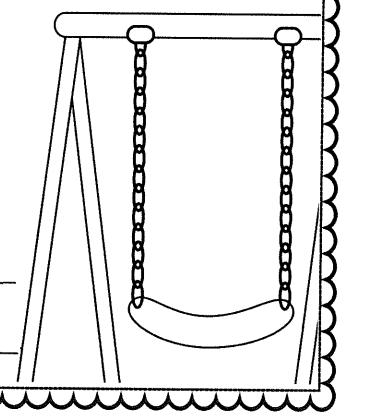
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# RECESS FUN

My favorite activity was





CKET LIST

# ME ON THE AST DAY



	o O O . I V E I V O E ! \	TAO(11 / C)
Green	Purple	Blue
Red	Pink	Orange
Yellow	Brown	

## Find & Draw SPRING SCAVENGER HUNT



Snail	Budding flower	Blooming flower
Worm	Sprouting plant	Spiderweb
Green leaf		